



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** July 6, 2009

**To:** HEALTH, ENERGY AND ENVIRONMENT COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** ACCEPT REVENUE FROM THE MINNESOTA DEPARTMENT OF HEALTH FOR STATE HEALTH IMPROVEMENT PROGRAM (SHIP) IMPLEMENTATION GRANT

**Recommendation:**

Council authorization for the proper City officials to:

1. accept revenue from the Minnesota Department of Health under Master Grant Agreement #26078 for \$1,152,000 in State Fiscal Year 2010 and \$1,498,000 in State Fiscal Year 2011 for the prevention of obesity and tobacco use through policy, systems and environmental change interventions in the community, worksites, healthcare, and school settings.
2. increase both the revenue budget in fund/department 01600-8600130 (revenue code 321500) and the 2009 appropriation in fund/department 01600-8600130 by \$2,650,000.

**Previous Directives:** March 27, 2009 Council approval to apply for grant.

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:**

\_\_\_\_\_  
Gretchen Musicant, Commissioner of Health

**Permanent Review Committee (PRC):** Approval \_\_\_\_ Not Applicable  X   
**Policy Review Group (PRG)** Approval \_\_\_\_ Date of Approval \_\_\_\_ Not Applicable  X

**Presenters in Committee:** Patty Bowler, Director, Policy and Community Programs

**Financial Impact (Check those that apply)**

X  Action requires an appropriation increase to the \_\_\_\_ Capital Budget or  X  Operating Budget.

X  Action provides increased revenue for appropriation increase.

**Background/Supporting Information:**

The Department is requesting to accept a total of \$2,650,000 in State Health Improvement Program (SHIP) grant funding. The prototype for SHIP is the 5 year MDHFS Steps to a Healthier Minneapolis grant also funded by the Minnesota Department of Health with federal Centers for Disease Control funds. The Steps grant ends with the commencement of SHIP. SHIP funds will be used to implement interventions that are based on best practice approaches from the CDC, and are prescribed by the Minnesota Department of Health. Services will be provided by the department, as well as partners that

include Public Works, CPED, Minneapolis Public Schools, Minneapolis Park & Recreation, and community based organizations. The grant requires an in-kind match of 10%, up to \$265,000 over two years, which will be met through contributions from project partners.

Interventions to be implemented:

***Community Tobacco Intervention:***

Implement voluntary smoke-free housing policies in multi unit housing

***Community Physical Activity Interventions:***

Implement policies and practices that create active communities by increasing opportunities for non-motorized transportation (walking and biking) and access to community recreation facilities

***Community Nutrition Interventions:***

- a. Implement policies and practices that promote healthy eating and activity within childcare and preschool settings.
- b. Implement policies, practices, and environmental changes that improve access to nutritious foods

***Worksite Interventions:***

- a. Implement policies and practices that practices that increase opportunities for non-motorized transportation and access to worksite recreation facilities
- b. Implement a comprehensive employee wellness initiative that provides health assessment with follow-up coaching; ongoing health education, and has policies and environment supports that promote healthy weight and healthy behaviors (focused on City of Minneapolis as a worksite)

***School Interventions***

- a. Implement policies and practices that increase opportunities for non-motorized transportation and access to school recreation facilities within schools
- b. Implement policies and practices that support quality school-based physical education
- c. Implement comprehensive nutrition policies including breakfast promotion, healthy lunch and snacks, classroom celebrations, fundraising, concessions and vending; school gardens, farm-to-school initiatives

***Healthcare Intervention***

Develop relationships among health care providers and community leaders and build partnerships to facilitate active referral of patients to local resources that increase access to high quality nutritious foods, opportunities for physical activity, and tobacco use cessation